

Baby Essentials - Checklist



Basic Nappy Changing Equipment

- Everything You Need for a Dry Feeling:

- Changing table, changing unit or changing top for bathtubs
- Changing pad
- 4 to 5 molleton cloths to use as pad for changing table
- Nappy bucket with lid
- Heat lamp above the changing table
- Nappies in smallest size (2-5 kg) or cotton nappies with pull-over trousers in sufficient quantity

Basic Baby Care Equipment

- Essentials for Baby's Hair and Skin:

- Washing bowl
- 10 washcloths
- 2 hooded towels
- Baby bathtub, bath bucket (a large basin is also sufficient at the beginning)
- Bathtub stand
- Bathrobe
- Bath thermometer
- Soft baby brush
- Baby nail scissors
- Fever thermometer
- Hot bottle, cherry pit cushion (helps relieve flatulence)
- 8-10 molleton nappies for use as burp cloths or as a pillow
- Swaddler
- 4-6 pacifiers

Basic Breastfeeding Equipment

- Essentials for a good start in life: Breastfeeding:

- 2-3 comfortable nursing bras
- 2 nursing shirts
- Nursing pads
- Nursing pillow
- Breast pump and accessories
- Nursing cover
- Nursing accessories (nursing tea, fennel tea, nipple cream)

Baby Out and About Equipment

- Essentials for Relaxed Family Trips:

- Baby car seat
- Summer or winter footmuff for stroller and car seat
- Stroller with soft or hard carrycot
- Stroller leg cover
- Rain cover
- Nappy bag
- Baby carrier
- Toys

Baby Clothes Essentials

- Well-Dressed from Head to Toe: Summer baby:

- 5 to 6 romper suits (size 56-62)
- 6 short-sleeved tops (size 56-62)
- 5 to 6 playsuits (size 56-62)
- 6 cardigans and jumpers
- 1 to 2 tights (size 50-56)
- 1 light jacket
- 1 hat
- 1 sun hat
- 1 summer sleeping bag

Winter baby:

- 5 to 6 romper suits (size 56-62)
- 6 long-sleeved tops (size 56-62)
- 5 to 6 romper suits (size 56-62)
- 6 warm cardigans and warm jumpers
- 3 pairs of light socks and 3 pairs of warm socks
- 3-4 cotton Pyjamas
- 1-2 tights (size 50-56)
- 1 warm jacket or winter suit
- 2 hats (light and warm)
- 1 scarf
- 1 pair of cotton gloves, mittens
- 1 winter sleeping bag

Basic Baby Safety Equipment

- Safety first:

- Baby monitor
- Edge covers
- Socket covers
- Nightlight

Basic Nursery Equipment

- Everything for the new Household Member:

- Bassinet, cradle
- Baby cot
- Mattress and mattress cover
- 2 leak-proof mattress toppers
- 2 to 3 spread sheets
- Wardrobe
- Changing table
- Music box
- Mobile
- First toys (rattle, grasping toy, cuddly toy)
- 2 comfortable wool or cotton blankets
- Play mat



babymarkt wishes you a wonderful time with your newborn!